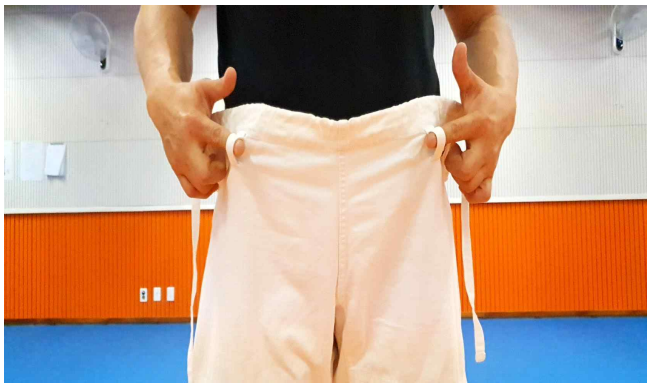
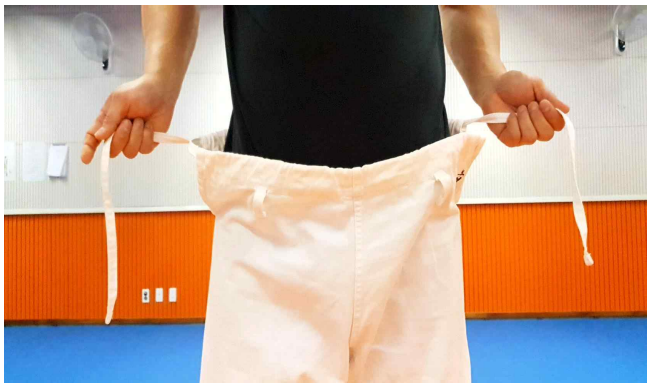
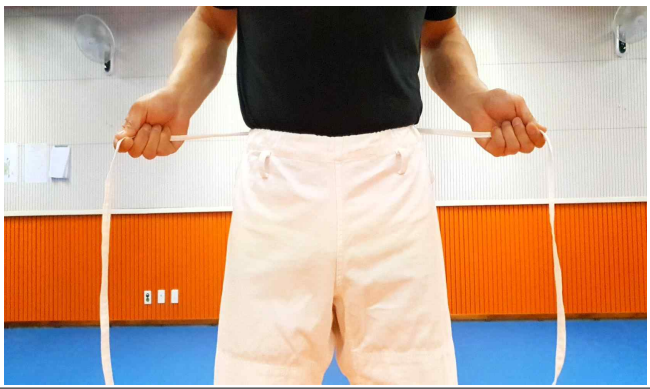
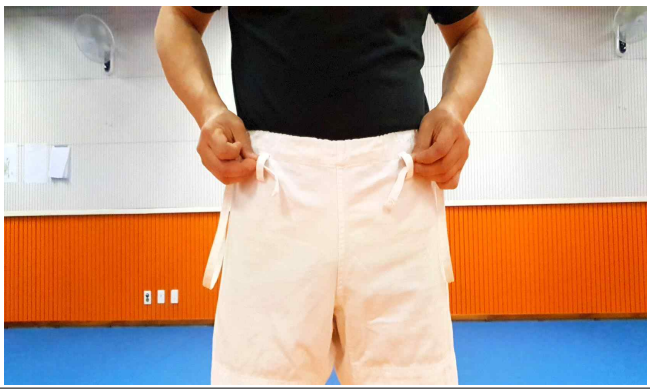
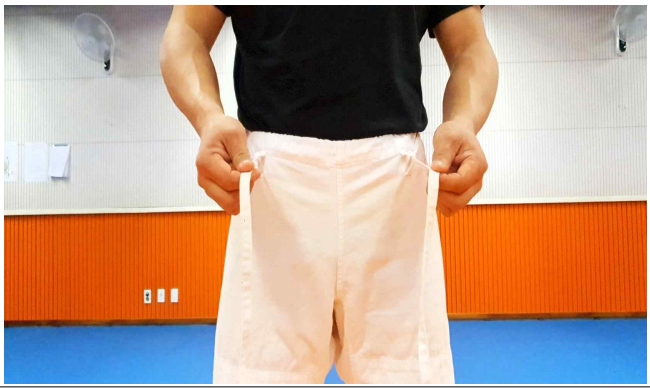
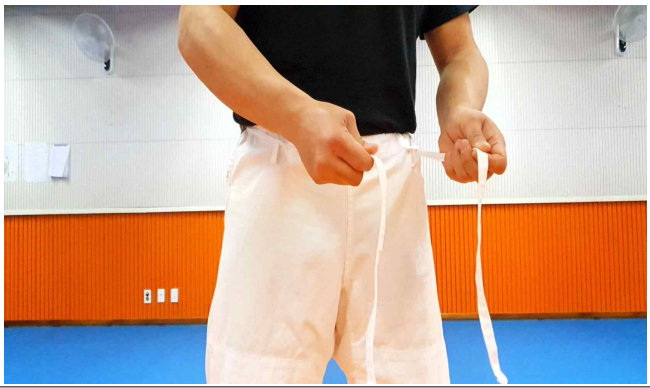
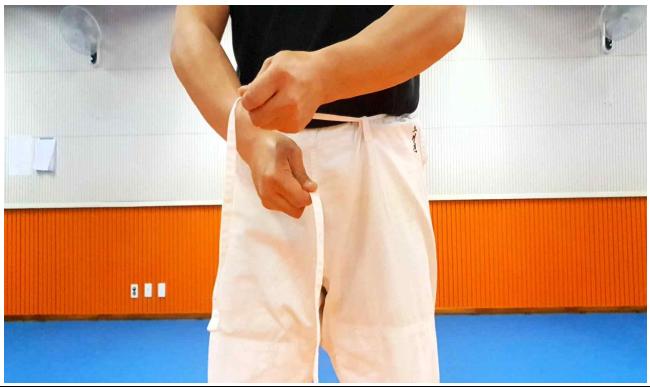
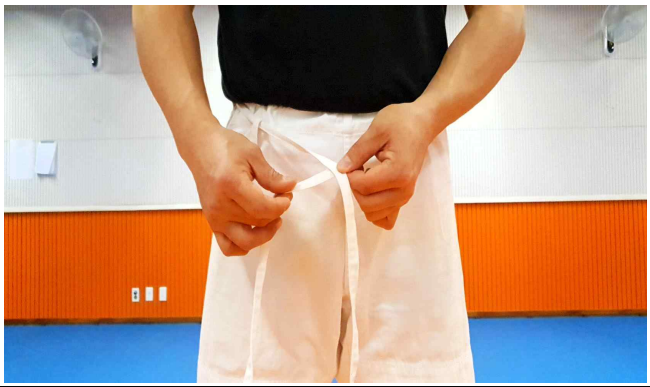
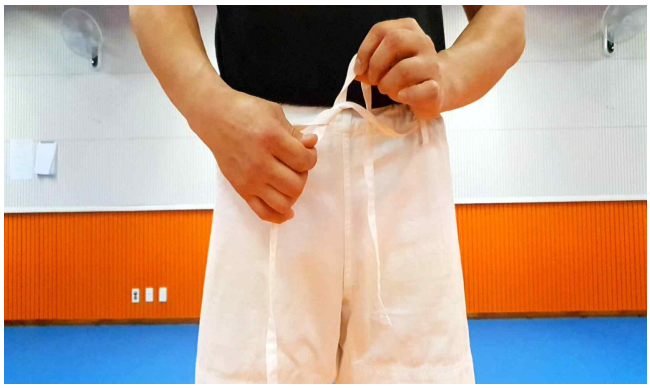
유도복 착용 및 정리 방법 안내

1. 유도복 착용 방법 (바지)

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3 	4 
5 	6 
7 	8 

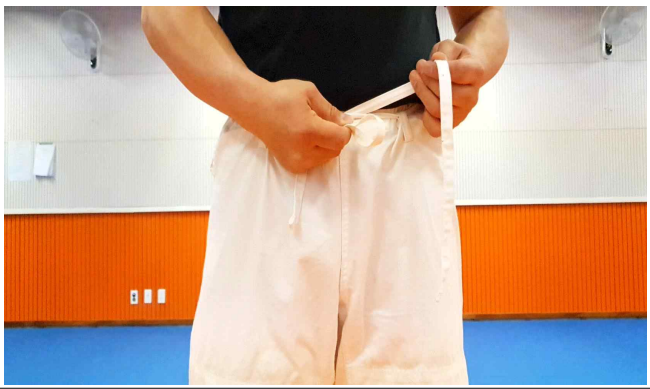
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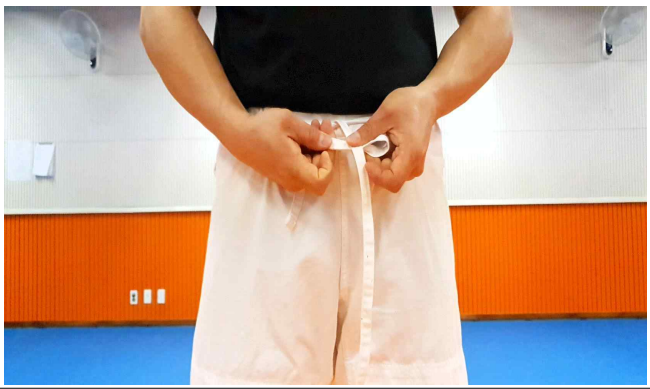
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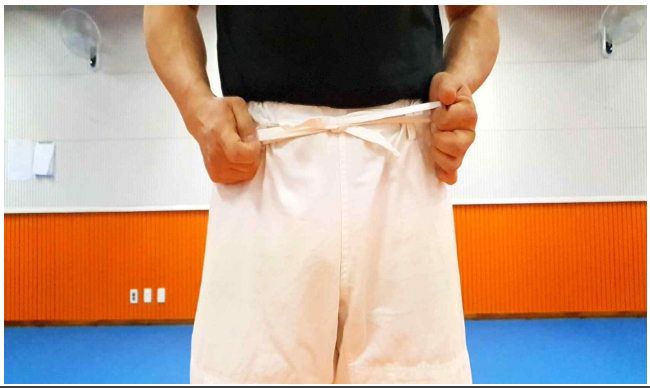
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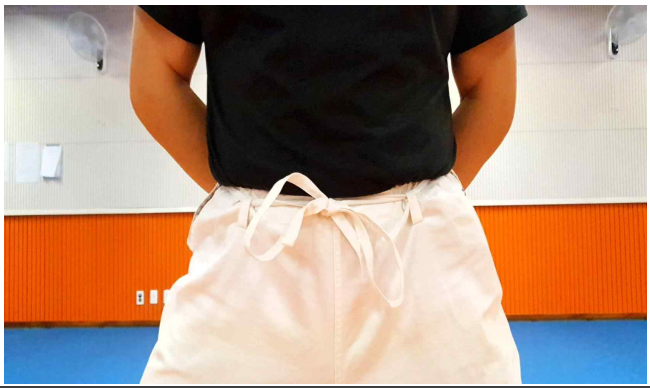
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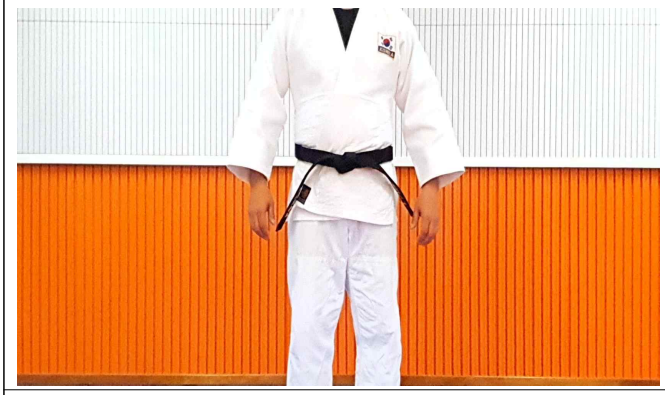


14



2. 유도복 착용 방법 (상의 및 띠)

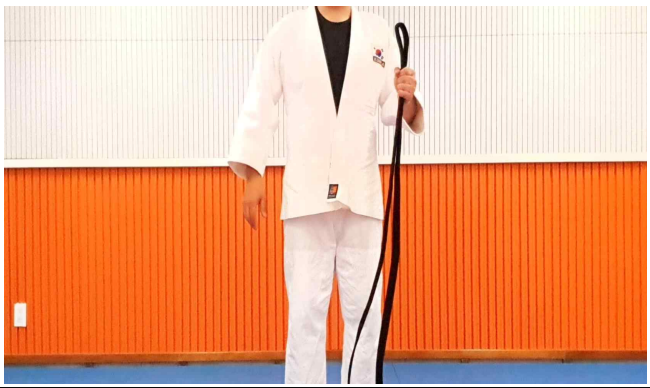
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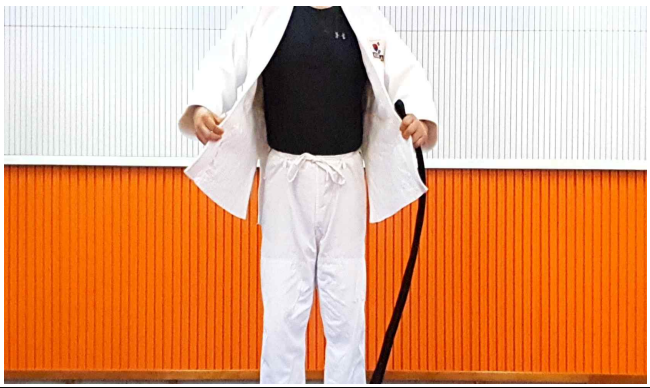
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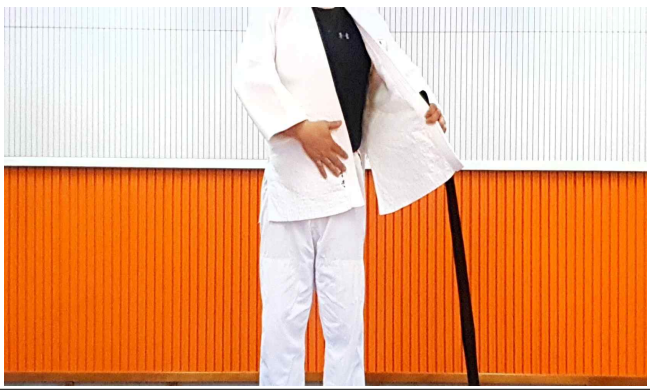
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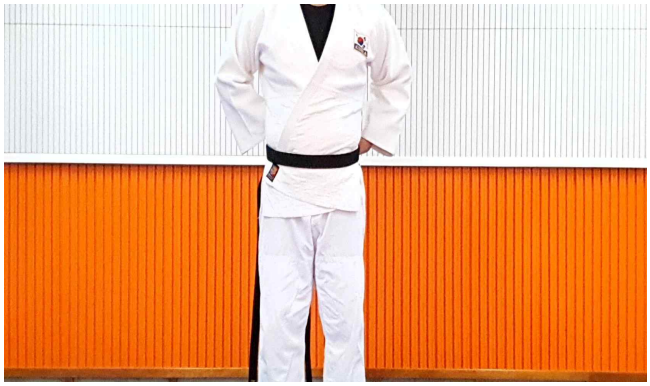
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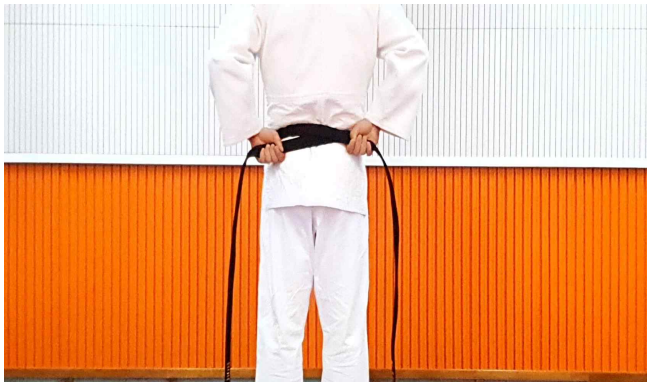
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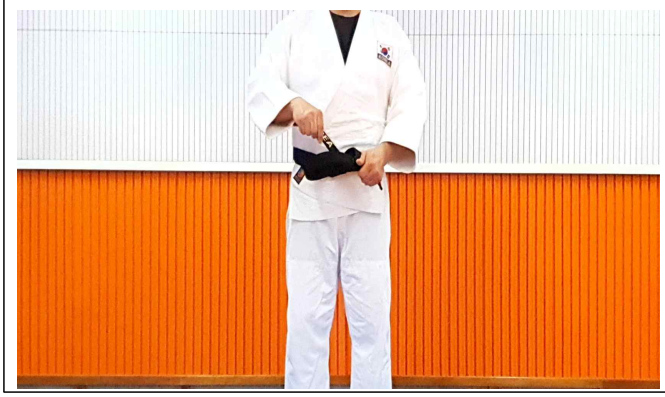


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3. 유도복 정리 방법

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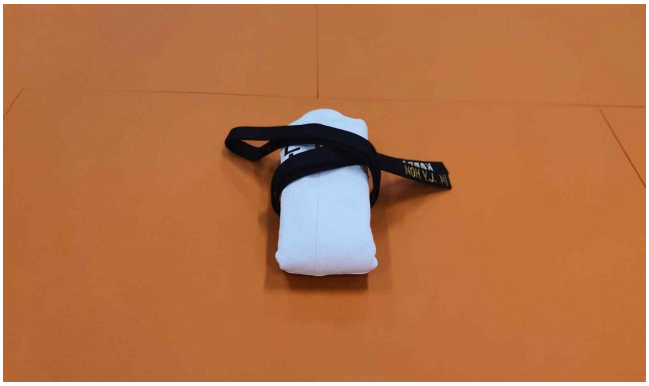
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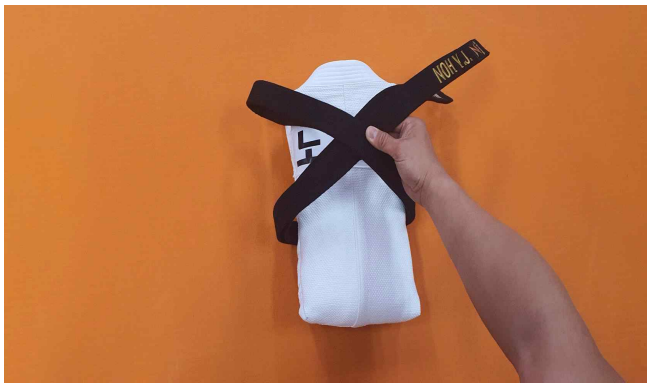
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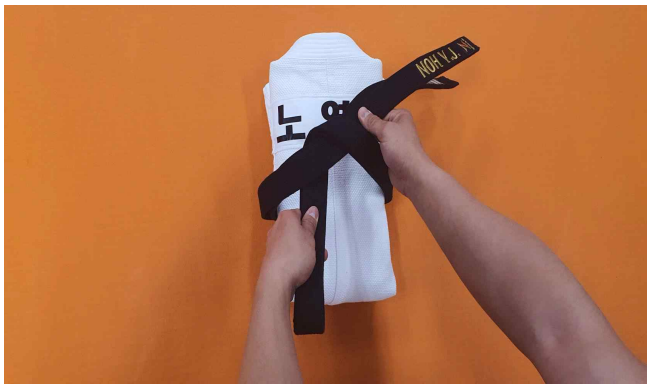
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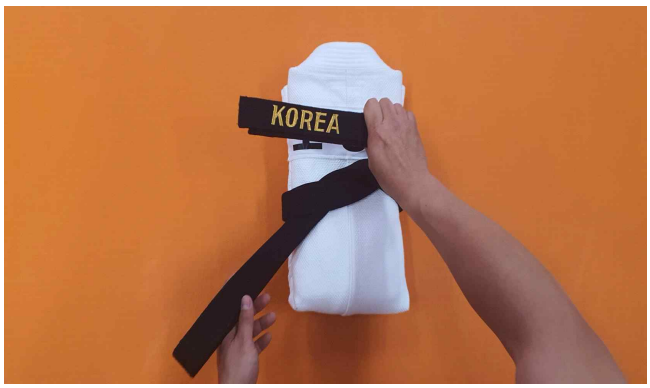
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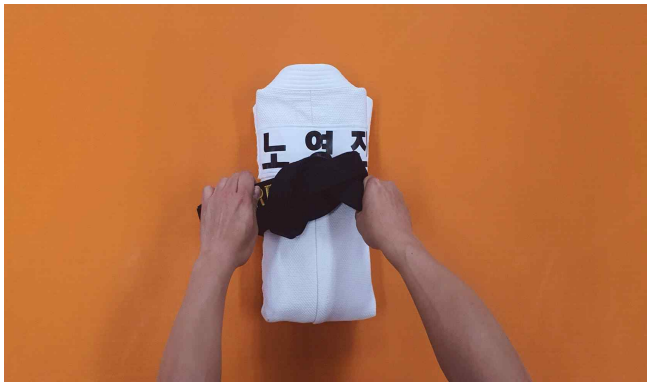
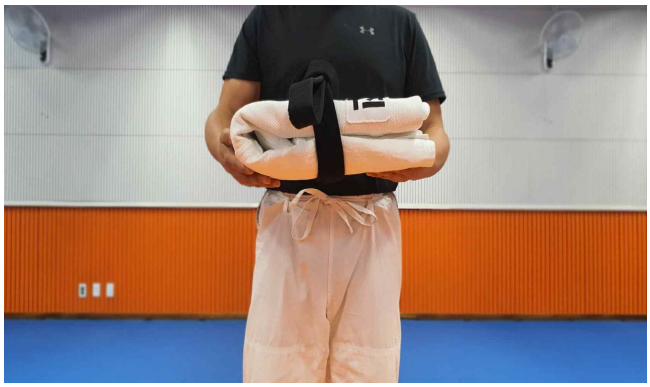
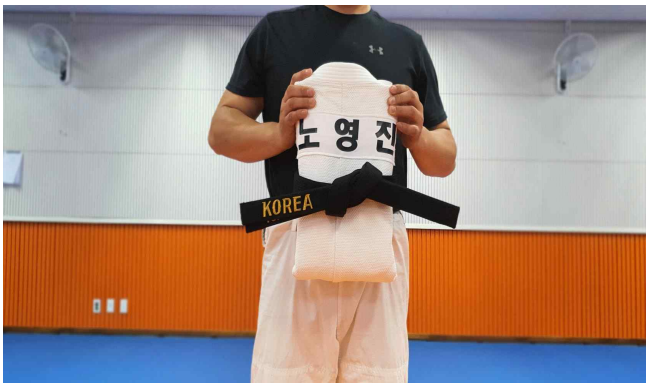


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※ 아래 내용을 꼭 반복 연습하여 숙지하기를 바라며, 개학 후 첫 수업 시간에 확인합니다.

1. 유도복 착용 방법 {상의(띠 매는 방법), 하의}
2. 유도복 정리 방법